

ROTARY CLUB OF PARRAMATTA CITY Inc. DISTRICT 9675

www.parramattacityrotary.org.au

Rotary Four Way Test

The Four Way Test challenges Rotarians, in everything they do, to ask of themselves:

Of the things we say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Meeting 21st March 2016

Our Toast

Bob Rosengreen proposed a toast to the Rotary Club of Cleveland, Ohio, where the Rotary Foundation originated 100 years ago, on the initiative of one Arch Klumph. Members of the club contributed \$28.50 to get the foundation up and running.

Our Guest

Our guest was Rachel Golding, who began a social entrepreneurial venture, Dinner on the Table, less than two years ago, with the aim of changing public policy on care for people with disabilities. Rachel said the disabled and their families needed special attention and a practical way of doing this was to ensure that they were properly fed. In so many cases, people with disabilities and their families had fallen by the wayside and were not even providing for themselves. Rachel, who did a PhD at Sydney University in Family Disability research, and has had a career in academia, is married to Richard, an HR manager, and has three children, aged seven, six and three.

Club Business

Secretary Joy raised the issue of falling club numbers and the club agreed that there should be a special board meeting to discuss the problem. There was need for us to find whether Parramatta Rotary Club, which was running this year's Police Officer of the Year event, needed any participation by our club. PDG Barry has tentatively agreed to coordinate this year's Red Shield Appeal but needs to get a briefing first on what needs to be done. President Malcolm said publicity for next month's charity concert for the Royal Institute for Deaf and Blind Children was proceeding but it might be necessary to take out some newspaper ads.

Feeding the Masses

Rachel, who was, in her own words "recovering from academia", started the social enterprise because she saw a need for it and because she love d food and cooking, Social enterprise was much bigger in Melbourne but there was a need for it in Sydney. She had a kitchen with two employees working part-time and another two at a time working in rotation who did deliveries and at present it

served up 100 meals a week. The aim was to provide a meal that catered for the entire household. Families could order on-line and the meals were delivered. The service, though presently small, covered a great deal of the metropolitan area and Rachel hoped that one day it would cover the entire metropolitan area. Those who could pay were required to and those who could not paid were given the meals free of charge. The profits from the paid deliveries made the gifted deliveries possible.



Rachel Golding

Rachel's enterprise had started in a small way but people had found out about it. The service had grown to the point where for \$265 it could feed a family for a week. For a little less than \$4,000, an entire family could be fed for a year. For individual meals to those who could pay, a small meal cost \$18 and a large meal \$32 or \$34. For an order that was under \$80, a \$10 freight charge was imposed. For some people it was a great option. One woman was working full-time and had two teenage children.

Rachel said there was a great need for the service she was pioneering. "We think having diner changes people's lives," she said. One in six people in Australia identified with having a disability and for such people catering was very important. By providing food for a week, the service was saving a woman an estimated 3-1/2 hours which she would otherwise spend on providing those meals. As she said, Rachel hoped the enterprise would grow and, yes, she was open to corporate sponsorship.

Polio Movie Night

Have you advised Joy how many tickets you will require? Ask your friends and neighbours.

Screening at Event Cinemas at Westfield Parramatta on Wednesday April 13th at 7 pm, one week prior to its general release. The cost is \$20 per person, of which \$10 is the theatre cost and \$10 will go to the Rotary Foundation's *End Polio Now* project.

Inspired by true events, [Eddie the Eagle](#) is a feel-good story about Michael "Eddie" Edwards, an unlikely but courageous British ski-jumper who never stopped believing in himself – even as an entire nation was counting him out. With the help of a rebellious and charismatic coach (played by Hugh Jackman), Eddie takes on the establishment and wins the hearts of sports fans around the world by making an improbable and historic showing at the 1988 Calgary Winter Olympics.

For Your Diaries

29 March. Special board meeting.

3 April – Triathlon Pink BBQ, Parramatta Park.

4 April - Launch of 'Voice of Remembrance' booklet at the Parramatta RSL Club. The meeting will be 6.30 pm for 7 pm and this will replace our normal club meeting for that day.

17 April - Concert by the Sydney Welsh Choir in support of the Royal Institute for Deaf and Blind Children.

19 April. Board meeting.