

ROTARY CLUB OF PARRAMATTA CITY Inc. DISTRICT 9675

www.parramattacityrotary.org.au

Rotary Four Way Test

The Four Way Test challenges Rotarians, in everything they do, to ask of themselves:

Of the things we say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Meeting 7 April 2014

The Fallen

President Keith received the following text message from DG-elect Barry Antees, while handling proceedings at the PhD Night at Oatlands Golf Club:

'Successful operation five hours long have plated tib and fib bones and a few screws to the ankle. I am happy but tired going to sleep soon after a few hours in recovery. Back on deck tomorrow.'



Barry's leg

Our Sister Club

President Keith has received the following letter from our sister club, RC of Ramon Magsaysay, in the Philippines:

Hi Keith,

We are all excited to attend the convention and I hope to see you soon. On the first week of May our Malaysians sister club will be visiting Manila & with their intentions to visit the Mangyan community in Bacu, Mindoro in time with our medical mission and turn over the 30 pcs of school chairs to Sister Valenton. Last March 26 we sent 150 pairs of synthetic leather shoes which I personally solicited from my classmate from other club to Sister Valenton to be distributed to the graduating Mangyan students.

This is all I can share with you. Our regards and prayers to Barry for his fast recovery. Thank you once again for your endless support to our projects and to our club as well. Regards to your family and all the members of RC of Parramatta City.

*First Class President Mina
Engage Rotary , Change Lives,
RC Ramon Magsaysay*

Shift 2014 Business Conference

This one-day conference organised by our district at Homebush for Saturday, 1 March, was a success, The theme (“New Thinking, New Technology, New Opportunities”) was that in a rapidly changing world, where technological progress has shifted the landscape, people in all walks of life must adjust. He whom remains “the spider at the centre of the web”, as one of the speakers put it, is lost. Sixteen business and motivational speakers, divided into “The Futurists”, “The Creators”, “The Inspirers” and “The Doers”, took 20 minutes each to give the message that we must all “think outside the square” to be able to survive in the galloping world. There were memorable lines such as: “Doing is the new thinking – managing risk through action”, all of which met with profound approval from our energetic and very articulate DG. Garry Browne.

The PhD students

Our four PhD students made impressive presentations in their areas of study at the Oatlands Golf Club on Monday night, the event augmented by the presence of our Federal MP, Julie Owens, our state MP, Geoff Lee, our District Governor, Garry Browne, and representatives of Parramatta Daybreak Rotary Club (a strong turnout), Parramatta Rotary, Holroyd and Granville Rotary Clubs. Each scholarship has given the student \$29,000 a year for three years. The \$29,000 is made up of \$7,000 from Australian Rotary Health, \$11,000 from the research establishment involved in the study, and \$11,000 from Parramatta City Rotary. It would be fair to say that the money invested in them is being well spent.



(Left to right) Geoff Lee, Joy Gillette, Tonelle Handley, Blagojce (Billy) Jovcevski, Garry Browne, Julie Owens, Louise Birrell, Jaesung Peter Choi, Glennis Henning, President Keith

Dr Tonelle Handley is a postdoctoral research fellow at the National Drug and Alcohol Research Centre, University of New South Wales. She completed a Bachelor of Social Science with a major in psychology, and a Graduate Diploma in Psychology, at the University of Newcastle. In 2013 she completed her PhD thesis, which was supported by a Funding Partners scholarship from Australian Rotary Health and the Rotary Club of Parramatta City. This thesis explored risk factors for thoughts of suicide in high-risk groups. Her current research continues in this area, with a focus on suicide prevention among young Australians.

Blagojce (Billy) Jovcevski completed his Bachelor of Science (Biological Sciences) (Honours) degree in 2011 at the University of Wollongong. He is now undertaking a PhD with the Illawarra Health and Medical Research Institute with the University of Wollongong. His research is part of a three-year project focusing on the biological processes involved in Alzheimer's Disease at molecular level.

Peter Choi completed a Bachelor of Medical Science (Honours) degree in 2011 at the University of Sydney. He is now undertaking a PhD degree with the ANZAC research institute, Concord Hospital, University of Sydney. His PhD research is a three year project which began in 2012. This project will focus on the role of androgen hormones in neoplastic transformation, including the development of cancer of the breast and uterus.

Louise Birrell (above) completed a bachelor of Social Science in 2007 and an honours degree in psychology at Macquarie University in 2012, at Macquarie University. She is now undertaking her PhD at the National Drug and Alcohol Research Centre at the University of New South Wales. Louise's research is part of a three year research project funded by the National Health and Medical Research Council, which aims to evaluate an online school-based prevention program for substance use, depression and anxiety in adolescents. She has been a volunteer Lifeline crisis telephone counsellor for three years and is presently a project coordinator.

Barbecues

Bunnings Barbecue at North Parramatta on 5 April was a success. We made \$932 profit. Thanks to all those who assisted on the day. The next barbecue will be Saturday 5th July.

Training Day

The Rotary training day at the Liverpool Catholic Club will be on Sunday, 13 April, at the Liverpool Catholic Club, starting at 8.30 am, including a morning plenary session and afternoon training in directorships. The day finishes at 3 pm and all members of the incoming board are urged to attend.

Dates for Diaries

11 April – 7 June Bowelcare Project

13 April - District Assembly. Liverpool Catholic Club. **All incoming Board members.**

12 May - Police Officer of the Year.

25 May - Salvation Army Red Shield Appeal.

3 June - Special Club Night for Rotary International Convention

30 June - Changeover

5 July – Bunnings BBQ

Important Chinese Hospitality

The following has been purported to be a Chinese hotel brochure translated into English. A connoisseur of these things assures me it is not authentic, just a series of jokes put together.

Getting There:

Our representative will make you wait at the airport. The bus to the hotel runs along the lake shore. Soon you will feel pleasure in passing water. You will know that you are getting near the hotel, because you will go round the bend. The manager will await you in the entrance hall. He always tries to have intercourse with all new guests.

The Hotel:

This is a family hotel, so children are very welcome. We of course are always pleased to accept adultery. Highly skilled nurses are available in the evenings to put down your children. Guests are invited to conjugate in the bar and expose themselves to

others. But please note that ladies are not allowed to have babies in the bar. We organize social games, so no guest is ever left alone to play with them self.

The Restaurant:

Our menus have been carefully chosen to be ordinary and unexciting. At dinner, our quartet will circulate from table to table, and fiddle with you.

Your Room:

Every room has excellent facilities for your private parts. In winter, every room is on heat. Each room has a balcony offering views of outstanding obscenity! .. You will not be disturbed by traffic noise, since the road between the hotel and the lake is used only by pederasts.

Bed:

Your bed has been made in accordance with local tradition. If you have any other ideas please ring for the chambermaid. Please take advantage of her. She will be very pleased to squash your shirts, blouses and underwear. If asked, she will also squeeze your trousers.

Above All:

When you leave us at the end of your holiday, you will have no hope. You will struggle to forget it.

Malcolm Brown